

#PostOPP Medication List

Antibiotics/Antifungals/Antivirals:

- Keflex (cephalexin) 500mg, 1 tab every 8 hours for 1 week
- Cleocin (clindamycin) 300mg, 1 tab every 12 hours for 1 week
- Flagyl (metronidazole) 500mg, 1 tab every 12 hours for 1 week
- Zorivax (acyclovir) 400mg, 1 tab every 8 hours for 1 week
- Diflucan (fluconazole) 100mg, 1 tab every day for 1-3 days

For Pain:

- Ultram (tramadol) 50mg, 1 tab every 4-6 hours as needed for 3 days
- Norco (hydrocodone/acetaminophen), 1 tab every 4-6 hours as needed for 3 days
- Motrin (ibuprofen) 800mg, 1 tab every 8 hours as needed **
- Tylenol (acetaminophen) 1000mg, 1 tab every 8 hours as needed **

For Muscle Spasm:

- Flexeril (cyclobenzaprine) 10mg, 1 tab every 12 hours as needed for 3 days
- Zanaflex (tizanidine) 4mg, 1 tab every 8 hours as needed for 3 days

For Nausea/Itching:

- Zofran (ondansetron) 8mg, 1 tab every 8 hours as needed
- Benadryl (diphenhydramine) 25mg, 1 tab every 12 hours as needed **

For Constipation:

- Colace (docusate) 100mg, 1 tab every 8 hours while on pain meds **

For Capsule Prevention (Breast Augmentation only):

- Singulair (montelukast) 10mg, 1 tab every day for 90 days

For DVT Prevention (Tummy Tuck only):

- Elequis (apixaban) 2.5mg, 1 tab every day for 2-5 days

** Over the counter medications